

Telbolife H Tablet

Brand Name: Telbolife H Tablet

Dosage Form: Tablet

Therapeutic Category: Antihypertensive

Composition:

Each uncoated tablet contains:

- **Telmisartan I.P.** – 40 mg
- **Hydrochlorothiazide I.P.** – 12.5 mg

Description:

Telbolife H Tablet is a combination of **Telmisartan**, an angiotensin II receptor blocker (ARB), and **Hydrochlorothiazide**, a thiazide diuretic. This combination helps to control blood pressure through two complementary mechanisms: Telmisartan reduces blood pressure by blocking the vasoconstrictor effect of angiotensin II, while Hydrochlorothiazide works by reducing blood volume through diuresis.

Indications:

- Treatment of essential hypertension in adults, particularly in patients who are inadequately controlled by monotherapy.
- Reduction of the risk of cardiovascular morbidity in hypertensive patients.

Dosage and Administration:

- **Recommended Dose:** One tablet once daily.
- **Administration:** The tablet can be taken with or without food. It is recommended to take the tablet at the same time each day for optimal control of blood pressure.
- **Dose Adjustment:** The dosage should be individualized based on the patient's response and blood pressure levels.

Contraindications:

- Hypersensitivity to Telmisartan, Hydrochlorothiazide, sulfonamide derivatives, or any other components of the formulation.
- Severe renal impairment or anuria.
- Pregnancy and lactation.
- Hyperkalemia.

Precautions:

- **Renal Function:** Regular monitoring of renal function and electrolytes is advised.
- **Electrolyte Imbalance:** Caution should be exercised in patients with a history of electrolyte disturbances (e.g., hypokalemia, hyperkalemia).
- **Hepatic Impairment:** Use with caution in patients with hepatic dysfunction.

- **Gout:** Hydrochlorothiazide may increase serum uric acid levels, which could trigger gout in predisposed individuals.

Adverse Effects:

- **Common:** Dizziness, fatigue, headache, hypotension, and hypokalemia.
- **Serious:** Severe hypotension, renal failure, electrolyte imbalance, hyperuricemia, photosensitivity.

Storage:

- Store in a cool and dry place, below 25°C.
- Protect from light and moisture.
- Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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